

March 2023

GMG Breakfast/Lunch Menu

MON	TUES	WED	THURS	FRI
	GMG Menu is subject to change. USDA is a equal opportunity provider & employer	1	2	3
		Breakfast: Breakfast Bar, Juice, Low-Fat Milk Lunch: Chicken Taco, Hash Brown, Cookie, Salad Bar, Low-Fat Milk	Breakfast: Pancake, Sausage, Juice, Low-Fat Milk Lunch: Spaghetti, Green Beans, Breadstick, Salad Bar, Low-Fat Milk	Breakfast: Omlet, Juice, Low-Fat Milk Lunch: Cheese Pizza, Corn, Salad Bar, Low-Fat Milk
6	7	8	9	10
Breakfast: Long John, Juice, Low-Fat Milk Lunch: Crispito, Tortilla Chip, Orange Muffin, Salad Bar, Low-Fat Milk	Breakfast: Breakfast Biscuit, Juice, Low-Fat Milk Lunch: Corn Dog, Potato Wedges, Cookie, Salad Bar, Low-Fat Milk	Breakfast: Breakfast Pizza, Juice, Low-Fat Milk Lunch: Vegetable Beef Soup, Grilled Cheese, Cake, Salad Bar, Low-Fat Milk	Breakfast: Waffle, Sausage, Juice, Low-Fat Milk Lunch: Sloppy Joe, French Fries, Salad Bar, Low-Fat Milk	Breakfast: Biscuit and Gravy, Juice, Low-Fat Milk Lunch: Shrimp, Rice, Brownie, Salad Bar, Low-Fat Milk
13	14	15	16	17
Breakfast: Donut, Juice, Low-Fat Milk Lunch: Mac & Cheese, Little Smokies, Peas, Salad Bar, Low-Fat Milk	Breakfast: Breakfast Biscuit, Juice, Low-Fat Milk Lunch: Orange Chicken, Mixed Vegetables, Rice, Salad Bar, Low-Fat Milk	Breakfast: Breakfast Bar, Juice, Low-Fat Milk Lunch: Beef Burger, Potato Wedges, Salad Bar, Low-Fat Milk	Breakfast: French Toast, Sausage, Juice, Low-Fat Milk Lunch: Chicken Nuggets, Mashed Potato, Cookie, Salad Bar, Low-Fat Milk	Breakfast: Scrambled Eggs, Juice, Low-Fat Milk Lunch: Fish Sticks, French Fries, Salad Bar, Low-Fat Milk
20	21	22	23	24
Breakfast: Donut Holes, Juice, Low-Fat Milk Lunch: Tater Tot Casserole, Green Beans, Dinner Roll, Salad Bar, Low-Fat Milk	Breakfast: Breakfast Biscuit, Juice, Low-Fat Milk Lunch: Pulled Pork, Tater Tots, Salad Bar, Low-Fat Milk	Breakfast: Breakfast Pizza, Juice, Low-Fat Milk Lunch: Chili, Cinnamon Roll, Salad Bar, Low-Fat Milk	Breakfast: Pancake on a Stick, Sausage, Juice, Low-Fat Milk Lunch: Chicken Sandwich, Hash Browns, Salad Bar, Low-Fat Milk	Conference Exchange No School
27	28	29	30	31
Breakfast: Long John, Juice, Low-Fat Milk Lunch: Chicken Fried Steak, Mashed Potato, Dinner Roll, Salad Bar, Low-Fat Milk	Breakfast: Breakfast Biscuit, Juice, Low-Fat Milk Lunch: Hamburger, French Fries, Cookie, Salad Bar, Low-Fat Milk	Breakfast: Breakfast Bar, Juice, Low-Fat Milk Lunch: Italian Casserole, Green Beans, Breadstick, Salad Bar, Low-Fat Milk	Breakfast: Pancake, Sausage, Juice, Low-Fat Milk Lunch: Pizza Burger, Tater Tots, Salad Bar, Low-Fat Milk	Breakfast: Omlet, Juice, Low-Fat Milk Lunch: Fish Sandwich, French Fries, Cookie, Salad Bar, Low-Fat Milk